

Recipes

INK (NUT INK)

SHELLS of 8 WHOLE NUTS
1 CUP WATER
1/2 t. VINEGAR
1/2 t. SALT



- CRUSH EMPTY SHELLS INTO VERY LITTLE PIECES IN A CLOTH
- PUT SHELLS INTO A SAUCEPAN & ADD 1 CUP OF WATER
- BRING TO BOIL. TURN HEAT DOWN and SIMMER.
- KEEP ON LOW for 1/2 HOUR TO ONE HOUR (TIL WATER TURNS BROWN)
- REMOVE FROM HEAT, COOL and THEN STRAIN
- ADD VINEGAR and SALT.
- STORE IN JAR.

BERRY INK

1/2 CUP RIPE BERRIES (blackberries, elderberries, cherries)
1/2 tsp. salt
1/2 tsp vinegar



BLACK INK

... add INDIGO or SOOT (LAMP BLACK) to WALNUT RECIPE

BLUE INK

... powdered Indigo, 2 parts, 1 part madder,
1 part bran
Mix with water: let stand, then stain it well