

2019/2020 Allied Arts Lesson Plans: 3 Hour Sessions (grades 1-5)

Kathy Harvey

Acrylic • Water Color • Pastels • Paint • Collage with Mixed Media • Group Arts Facilitator for all Ages • Custom Art Writing • Individual and group projects • variety of media for art including felt pens

Bellingham Promise Creations: Students will select from a variety of provided quotations and discuss how they relate to the Bellingham Promise. They will then write their own quote or poem creation on the back of a piece of watercolor paper and respond on the front with watercolors, felt pens or chalk. They will then share and work together to create a large collage piece relating to the same subject.

The Elements through Painting and Writing: 5 elements of energy will be reviewed: light, heat, sound, motion, and electricity. We will utilize a variety of watercolors, felt pens and other supplies for warm ups and final project. Students will explore together experiences they have with various forms of energy. They will document with writing and painting with final opportunities to share.

Ellen Clark

Illustration • Painting • Sculpting • Writing

Plasticine Self Portraits or Landscapes:

Portraits: Students will be taught to make a basic head shape that will fit into a metal frame lid. Adding neck, ears and nose, sculpting holes for eyes and mouth, they will complete their portrait with hair, eye and clothing colors.

Landscapes: Students practice basic drawing with a perspective lesson. When their draft is complete they will start with a color palette that grows complex through choice and mixing.

When the portrait or landscape is completed I will bake and cool them for taking home. Material cost: \$2 per student, I will bring in the curing oven.

Andy Koch

Clowning • Balloon Sculpture • Creative Dramatics • Improv • Pantomime • Puppet Creation & Performance • Sculpture • Storytelling

Puppetry for the Elementary Classroom: This “make and take” workshop begins with a brief introduction and history of puppetry. Examples of my professional puppets are passed around. Then I present a demonstration scene from one of my shows, followed by a discussion of the elements of a good story and performance. The students then break into groups of 4 or 5, organize parts, create simple sack and paper plate puppets, and perform their own shows for everyone’s enjoyment.

K-3: Familiar stories such as the 3 Little Pigs, Little Red Riding Hood, and Goldie Locks and the 3 Bears will be assigned

4-5: Students will be asked to write their own stories for the performances.

Performance Art / Creative Dramatics: This workshop covers the basics of acting skills; Pantomime, Improvisation, Theatre Games, Group Dynamics, Vocal Projection, Stage Movement, Skit Development, and Performance, all with an emphasis on FUN. Great for those wishing to explore acting, as well as the more experienced looking to hone their performance skills. We will be doing shows for each other during the workshops.

Christian Anne Smith

Painting • Papier Mache • Prints • Puppet Creation & Performance

Animals in People Clothes: A Silly and Fanciful Painting Workshop: Students learn classical art and design techniques with a fun and playful twist in this workshop. Students create characters from the initial line drawing to the full-color finished painting. Young artists invent their own original colors from red, yellow, blue, and white, a very empowering skill that teaches color theory, too. We share how our color choices describe who our characters are and how our animals are extensions of who we are. The workshop includes a fun creature interview that allows the students to describe in a story the character they have created. Any unit of study can be incorporated into this workshop by request. Popular variation: Imaginary Ocean Creatures Painting Workshop, Zany Northwest Mountain School Animals, Paint Yourself as an Animal.

Imaginary Science: Flip Flap Book Workshop: In this workshop, students pretend they are scientists or inventors, (depending on the unit focus) who have discovered a new species or invented a new robot, etc.

Session One: Students brainstorm about what makes a bird a bird or a robot a robot, then create a line drawing of the “new” species or invention. Students then complete a “scientist interview”; a writing exercise that introduces their discovery to the world, with a lot of room for imagination allowed.

Session Two: Students create Flip Flap books. First they transform their line drawings from session one into mixed media masterpieces, these works of art become the front cover of the books. The “scientist interviews” become the back cover of the books. Photocopied line drawings from the entire class are stapled and cut into thirds to become an amazing flip flap book with dozens of creature or invention combinations. Students will be invited to share their creature discoveries in character if they wish. A great workshop for combining art, science, writing and fun! Some past and popular themes: Imaginary Ocean Creatures, Imaginary Insects, Imaginary Birds, Imaginary Mammals.

Imaginary Worlds Watercolor Workshop: In this workshop, students learn basic watercolor and pen and ink technique while creating an imaginary realm of their own design. The day will start with a “Meet the Artist” session where I will share my own fanciful paintings and illustrations, followed by an “Imaginary World” brainstorming sketch session. Students learn to create a loose pencil sketch with back ground and characters. This will be followed by a color mixing lesson, and light background color wash. After a short break, we “ink” our creations, using sharpies. (In special circumstance, we may use

nib pens, if requested) We will continue by experimenting with other watercolor technique, such as line work, drybrush, layers of wash while getting to know our characters and adding detail to our amazing imaginary worlds! There is an emphasis on letting happy accidents occur and on positive self-talks while making your art. An optional "Character Interview" and writing exercise will be left with teacher to further develop the world that the student has created. A story to go with the beautiful illustration!

Papier Mache Puppet Adventure Workshop: Create totally unique, colorful and fanciful puppets for your classroom lessons. This workshop places an emphasis on creative problem solving and working with simple materials that are cheap or free and in the child's everyday environment, while having a whole lot of creative fun!

Session One: We start with a "Meet the Puppets" brainstorm and story session. Puppet creation begins and we transform paper, tape and random junk from our recycling bins into puppets. After a short break, students apply papier mache. The puppets will need to dry over the course of the week and be painted with a base color before session two.

Session Two: We start with more of her puppet stories. Students will work with piles of fabric to create a puppet body and parent volunteers will assist at the hot glue gun table. Adults are encouraged to be "Glue Gun Robots" who only attach exactly what the young artists ask them to. After a short break, the "Treasure Chest" table of random decorations is unveiled and each child is allowed up to five amazing treasures to help bring out the character of the puppets. We finish with a short "Puppet Parade" and/or "Sharing Circle". Christian will leave behind an optional "Puppet Interview" writing exercise.

Imaginary Birds Watercolor Painting: We will learn basic sketching and watercolor painting technique while creating our very own birds, as if we are scientists who are just discovering them! We will take a look at different kinds of bird feet, beaks, eyes and wings and what these adaptations are used for. Then we will sketch and paint our very own invented birds. We will finish with an "About My Bird" writing exercise, and a mock "symposium" where the kids can name and introduce their bird to the world, as a scientist would. A playful and fun way to learn to paint, while connecting it to science. (In the past, we have adapted the subject to Imaginary Mammals and Imaginary Flying Insects).

Janet Lehwald

Murals • Silk Painting • Multi-media Color Mixing

Silk Painting: Painting on silk is fun and easy! A great way to learn color mixing and creative composition. Complete soft, lustrous artwork for play, display, or gifting. In this 3 hour workshop, students will paint on silk fabric using permanent silk dyes. Two projects are offered. You can choose "Flags," 11" hemmed squares that can be flown like a flag, framed, or used in a variety of ways. Or "Hoops," which are silk pieces stretched in 10" wooden hoops that are easy to hang. The whole process is demonstrated to the group, then everyone paints their own piece at their own speed. A design is traced onto the silk with a resist and then the colors are painted on with a brush. Within the

resist lines, they flow and blend in beautiful and surprising ways. You can choose a theme, or everyone can just work from my giant collection of patterns.

Silk Painting Intensive: First, an Introduction to Silk Painting. Each student paints their own 11x11" Flag. We'll continue with more projects chosen with teacher. Could be a themed series of Flags, a Class Banner for the school or a charity, greeting cards, or perhaps a framed painting.

Thor Myhre

Junk Has Soul • Kite Making • Recycled Art • Sculpture

Junk Has Soul: Sculpting with the found object. Inspired by a truckload of recycled materials, students will use common hand tools to create unique works of art. They will learn innovative ways of integrating and attaching formerly unrelated items, making new discoveries about themselves and the world around them. Students will learn about great resources for future projects and walk away with a new found sense of the beauty in everyday junk.

The Flag Project: How would you symbolize yourself with a flag? Made with colorful recycled materials, the flags are temporarily displayed in unison to cultivate a beautiful composition (like a giant patchwork quilt).

Mask Making with Recycled Materials: Made from easy to work with foam from Brenthaven backpacks, colorful cloth, and other recycled materials plus glitter glue and feathers to add colorful flair. Mask making would take only about 2hrs so the 3rd hour could be used for show and tell or small performances.

Rachel Simpson, note: *Available only Spring Quarter 2020*

Visual Arts • Fine Arts • Art History • Drawing • Painting • Ceramics • Sculpture • Mixed-Media • Recycled Art • Book Art • Textiles/Fibers/Fabrics • Photography • Screen-printing • Costumes • Mask-making • Art Installation, & Collaboration

Let's Paint Raccoons & Foxes! Artists Charlie Harper & Van Gogh Mash-Up:

Let's have fun painting & drawing with mixed media and in the style of artists Charlie Harper and Van Gogh. We'll learn about who the artists are: Charlie Harper in all of his wonderful wildlife creatures, as well as Van Gogh with a story read aloud. Next, the students practice in pencil, then use oil pastels to draw raccoons and foxes of their own. We will use upcycled newsprint papers to give our animals a softer effect, and help our environment. There is a texture aspect portion of this project that includes rubbing pastels over paper/textured surfaces, and creating the bark of a tree with a variety of tools, to add to the wildlife scene. We'll then cut out the animals to be collaged onto our beautifully patterned starry night sky like that of artist Van Gogh. The background will be painted and drawn with bright acrylics and oil pastels.

Seahorses and Sea-life in Mixed-Media with Eric Carle book Mr. Seahorse

First we will read the book Mr. Seahorse by Eric Carle and discuss how there are different kinds of families, and what kinds of marine animals live under the sea. Students will then use pencils, paper, pastels, brushes, paints and more to create their mixed media artwork. We will paint our underwater backgrounds using layers of bright acrylics and oil pastels, than add imprints of textures to give the effect of waves and bubbles. Students will choose their own sea creature to use as their subject and focus for a unique family. Seahorse, jellyfish, clownfish, starfish, seaweed, and shells (or other marine-life) will be cut-out and collaged onto the water background. The beautiful finished projects will be large enough to put up on display for all to enjoy.

Gyotaku – The Art of Fish Printing

Gyotaku (gyo (fish) taku (rubbing)) is a Japanese art form that creates an image of a fish or other marine object with exacting detail. This definition and name refers to the technique of using ink, and rubbing to transfer the features of the fish onto paper or silk. In this art unit/lesson, we will discuss the science and environment in which we can find sea life locally and globally, the varieties of marine life, a brief history of Gyotaku, and learn some of the techniques to get fish prints, using printing ink, sumi-e ink, and/or gouache/acrylic paints, colored pencils, ink pens, and/or pastels, various papers, daubers, and rubber fish replicas for printing.

Deanna Eden

Theater • Play

How can we use our bodies and our minds to create art and comedy? Get your students up and moving in the classroom with physical theater and improvisation! Teaching students the gifts of improvisation empowers them to create their own scenes, stories and characters. Students love the way a classroom transforms when the desks and chairs are cleared and the space is open for them to play and explore. Beginning with physical warmups, students use different body parts to create shapes and to express emotion. They work in groups to create scenes and images: terrific cooperation and group learning opportunities. They practice demonstrating their skills in front of one another, and learn how to be great audience members too. Improv appeals to students with many different learning styles and strengths, and is a great "palate-cleanser," energy release and community builder.

Plays in Poses: *What is a scene? What are the building blocks of any scene? What are the building blocks of any character?* In this workshop, we will be activating both the writer's tool (story structure) and the actor's instrument (the body). Students will be guided to find joy and energy in a frozen pose. Students will then learn what a dynamic pose is and how it can embody a feeling. Students will explore physical expression as a tool for interpreting literature and/or writing/creating original stories. We will go over story structure and discover how simply a clear, coherent story can be communicated by the performer's strong physical choices. By creating a series of developing poses, and in partnership with others, students will create simple stories that reflect reading assignments and/or can be expanded upon in creative writing work and storytelling.

Breathing and Creativity: The breath is the motor of the body, relaxing and centering us, as well as influencing how we move and feel. This course is designed to provide students a refreshing way to move their bodies, focus on their breathing and activate their creativity. Given sound samples, pictures and short verbal cues, students will be asked to interpret these cues with their breath and body movements in space. Students will also be paired up for the purpose of giving partners movement inspiration. There will be presentations and brief discussions of how audience members interpret what they see, as well as a brief guided meditation cool-down to get students ready for their next activity.

Styles and Genres: The style of a story is just as important as the story itself. First, we will look at the building blocks of any story (setting, character, want, conflict, resolution). Then, we will examine examples of different genres (fairy tale, fantasy, science fiction, etc.). We will learn about the elements of style and the qualities that make up each genre. Working in groups, we will create and perform original stories working within a specific genre. Then we will discover how a simple play can be performed in a variety of genres, focusing on what aspects of a story change and what remains universal.

Theater Without Walls – Site Specific and Roving Performance: Theater doesn't have to stay in a theater! How can a specific location inspire a performance? What kind of performance can rove (move from place to place)? Students will investigate a variety of indoor/outdoor chosen spaces, examining the sights and sounds, the feeling inspired by the space, the characters that could exist there. We will explore how a chosen space has its own story, and we will create short scenes and monologues inspired by spaces we choose. We will also explore what it means to create a character that could travel through space—what defines roving theater? How can the performance have a journey? We will celebrate the idea that theater can happen anywhere, and we will load up our personal toolboxes for creating theater without walls.

Lori VanEtta

Integration of the arts into common core standards • Acrylic and watercolor painting • Printmaking • Collage • Mixed Media • Pastels • Art History • School Wide Murals • Poetry • Writing Project Illustrations • Drama Tableaus

Aboriginal Art Inspirations: Students learn about the fascinating Aboriginal culture of Australia and the importance of art for expressing shared knowledge. Students explore symbols used in Aboriginal art and create a drawing that tells about a personal story. First, students learn basic Aboriginal history, then they think about a personal event, create their own unique symbols, and finally draw a “Dreamtime” Drawing” in the style of Aboriginal Art.

Watercolor Paintings, Oil Pastel Drawings, Black and White Drawings: Students focus on a subject of study or theme of the teacher’s choice and then create drawings, paintings or oil pastel illustrations related to the subject. Lori models drawing, watercolor or oil pastel techniques and tips. Students start their illustrations by sketching them in pencil and then add details to make the illustrations come alive.

Poetry Tableau Dramas: Tableau dramas are an excellent way to reinforce understanding of a theme or subject of study. Students work in groups of 3 or 4 to create a frozen group poses to go with a given subject of study. They practice the poses and transitions between the poses to create a performance for each other on the third day.

Decorated Paper Collage: Students create fantastic papers by using paint rollers with rubber bands, printing with sponges, painting dots, blowing paint bubbles, and more. It is a fun, hands on way to create interesting color designs and textures. After students create the papers, they will cut them up and make collages in the style of Eric Carle and Louise Elhert. The possibilities are endless. We can do an abstract, a landscape, an animal, or a theme of your choice.

Mural, Mural on the Wall: Students create a mural of our state, community, or any given theme in the style of Diego Rivera.

Printmaking with Scratch-Foam Board: Students draw on scratch-foam pieces and incise details using a pencil. They cut out the foam pieces and glue them on to a sheet of cardboard. Then, they print their designs using tempera paints. After the prints are dried, they are glued on to another sheet of construction paper.

Black Glue and Watercolor Illustrations: Students use black glue (a mixture of glue and black acrylic paint) to outline a drawing and then paint it with watercolors. This gives an awesome stained-glass effect. Lori will mount and return the art to school.

Rachel Potter

Graphic Design • Visual Arts • Painting • Textiles/Fibers/Fabrics • Art History • Creative Writing

Artists and Styles: Students will become familiar with prominent art figures and their unique styles. Students will engage in a dialogue of the works of famous artists and be asked to use methods the artists used in creations of their own.

Some examples of subjects:

Surreal Paint Blots: Students will create new drawings out of randomly splattered ink spots. Let a blot of paint fall randomly onto a piece of paper, fold the paper in half and open it back up. A new shape will be formed. Let dry. Lesson about Surrealism will be given at this point.

Collage with Matisse: Focused on Henri Matisse and his later work – collage! To create a complete picture through the use of cut shapes. The use of bright and “wild” colors will also be investigated to install the knowledge of Fauvism.

Deirdre Czoberek

Gouache • Mixed Media Collage • Acrylics • Water Color

Drawing Unit: A multi day lesson starting with handmade book filled with samples of drawing techniques. Students will get to fold their own book and then create portraits, contour drawings and value studies. Then using their drawing techniques from the previous lesson, students will draw boots and shoes as a still life. Lastly, one point perspective landscapes using line to create three dimensional space.

Painting Unit: A multi day lesson starting with color and mood. Students will create a color wheel project and a color mood chart. Then watercolor techniques. Building on the previous lesson, students will continue to explore watercolor use using washes and resists. Lastly, using skills from prior painting lessons students will paint a portrait or still life.

Collage and Mixed Media Unit: A three day lesson starting with Artist Trading Cards. Students will use drawing and painting skills to create small works focusing on the Elements of Art. Then Continuation of Artist Trading Card project. Lastly Layered landscapes using collage to create space in a two dimensional plane with color and value.

Barbara Jean Hicks

Creative Writing (Poetry and Narrative) • Performance • 2 Dimensional Art (Drawing, Coloring, Collage) • Publishing Literary Arts

Build-a Poem: In the first two hours of instruction, each student will create three poems from a simple declarative sentence which they will embellish as they learn how to use appositives, participles and infinitives to add richness and detail to their writing. In the final hour, students will read their work aloud in a classroom “poetry slam.”

Drawing from Graphics – Laurel Burch Cats: Instruction will be given on how to draw a cat image. Practice drawings will be done in pencil on white paper. Discussion on pattern will be explored. The Laurel Burch style cats will be drawn using oil pastels on black paper.

Water Lilies with Monet: Read “The Magical Garden of Claude Monet” by Laurence Anholt to the class. Through teaching artist guidance children draw two to three large lilies on the page. Perspective is engaged as larger lilies are toward the front. For young children it helps to draw up close lilies the size of their hand. The orange lily centers are drawn first, yellow flowers are next and green lily pads are last. Then a “hidden” white oil pastel is used to draw waves or water ripples. Since the paper is white this will not show up at first. This is fun because they will appear when watercolor is applied in the next step. The watercolor represents water so “cool” colors should be used. This is also a great opportunity to explain “warm” and “cool” colors.

Starry Night Starfish: Part 1 - A study on starfish: starfish will be on display for students to look at. Still life drawings of starfish will be made in pencil focusing on texture. They will then be traced in felt pen. Slight very light yellow and blue watercolor will be added. Part 2 - A study on Van Gogh and his "Starry Night" with a focus on his brush strokes. Students will sketch landscape in Van Gogh's "Starry Night" and sketch their own starfish in the sky. It will then be traced with the felt pens then light watercolor added in Van Gogh style brush strokes.

Mary Ennes Davis

Lessons can be adapted to all grade levels and content can be changed to enhance specific topics already being taught in the classroom.

1. **Fish panels.** We live next to The Salish Sea and are surrounded by fish!!! Students learn the anatomy and some interesting facts about fish. They then will then learn to draw using shapes and lines to create their own imaginary fish. Their drawing will be transferred to a canvas panel and they will use acrylic paint and collage to complete their work of art. Elements of art taught will include; design, shapes, color, line and texture.
2. **Folk Art Panels.** Many cultures came together to create our great country!!! Students will explore the artwork of various cultures and the artists who helped define folk art. Students will practice drawing on paper and will then transfer their image to a canvas panel. They will use acrylic paint for the center of their piece and will create a border print around the panel using cut out shapes of paper and collage. Artwork introduced will include Mexican folk art, Chinese paper cuts and Book Illustrations. Students will practice; drawing, design transfer, repetition of patterns, border prints, collage and painting.

Havilah Rand

Young Songwriter Program with Lesson Plans

Objective Students will use songwriting as a way to integrate information from magazines, books, academic subject materials and more with their own perspectives and express themselves. Students will also use songwriting as a way to memorize important academic facts and information as well as cultivate cooperation, community and empathy for each other and the world at large.

Materials: Havilah will provide most materials including a composition book for each student to use as a writing journal. Classroom will provide scissors, glue, colored pencils, markers, sharpies and pens and pencils.

3 Hour Lesson Plans Grades 4 - 12

Introduction: 60 minutes Havilah will introduce herself as a songwriter and educator who has been writing songs and singing since a very young age. She will stress that having a job at the things that bring her the

most joy in and of itself makes her very successful at her job. She will then lead a whole class discussion on what it means to be an artist bringing out salient points such as the imperfect nature of art and the uniqueness of every creation. This portion of the class will culminate with a song being collaboratively written “on the spot” with Havilah leading the music and arrangement while taking lyrical ideas from the group. The song is recorded and then listened to by the whole group.

Main Activity (90 minutes)

Phase 1 (40 minutes) Havilah will explain that all art, including songs, begins in both the outside world and the artist. We take in ideas from the world around us and integrate them with our own personal perspectives and then create a work of art which will resonate with others. Students will be given magazines and books to cut interesting pictures, words and phrases out of. They will be given a limited amount of time for cutting and pasting their findings onto a piece of paper or journal.

Brain Break (10 minutes) Havilah will lead several theater improv games to help relieve anxiety, inspire collaboration and innovative thinking.

Phase 2 (40 minutes) They will then be given another chunk of time to begin creating lyrical ideas based on the words and pictures they cut out. Students may also branch out into pairs and groups at this time to collaboratively work on songs.

Closing (20 – 30 minutes) Students will be given the opportunity to share their works in progress with the class. They will also be given the option to have what they share recorded.

Carrie Sinclair

Fibre arts, Spinning, Weaving, Knitting

1. *Knitting Lesson!*

Make your own knitting needles and learn to knit!

- Sand and stain a pair of chopsticks to make needles
- Make and attach a beautiful bead
- Warm up the fingers with finger knitting
- Learn the four steps to the basic knitting stitch
- Cast on to your new needles and practice knitting!
- Students will go home with:
 1. A handmade pair of knitting needles
 2. A knitting project on their needles, ready to be completed
 3. A ball of yarn

2. Make yarn!

Make a drop spindle and learn to spin yarn!

(this makes a great sequel (or prequel) class to the knitting lesson, because students can then knit with the yarn they make)

- Make a drop spindle from cds, dowel, rubber grommet, and brass hook
- Prepare wool for spinning by teasing (“fluffing”) it
- Card (“brush”) the teased wool with hand carders (special brushes)
- Learn to spin the wool into yarn in pairs and then individually
- Discover many ways yarn is used to make beautiful and useful items
- Make something from your yarn
- Students will go home with:
 1. an ornament or weaving you have made from the yarn you have spun
 2. wool roving and spun yarn
 3. a handmade drop spindle

3. Learn to Weave!

Create a simple loom and weave a piece of fabric

- Make a loom with cardboard, string, measuring tape and ruler
- Learn simple weaving techniques
- Weave a piece of fabric
- Using simple sewing skills, sew the fabric into a small pouch
- Finger knit and attach a handle for the pouch
- Students will go home with:
 1. a piece of handmade fabric
 2. a loom that can be used and reused